


Richmond Hill Drop-in Calendar – MAY 2026 (In-person groups)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|---|
| | | | | | 1 ST Housing to Health w/ Travis 6:00PM-7:30PM Crochet Group | 2 ND 10am-12pm KRASMAN BREAKFAST Pancakes and Programming 1PM Peers Circle |
| 3 RD 11am-1:00pm Cooking with Krasman 1PM  Art Workshop | 4 TH 2PM CPORTParamedic Outreach 3PM Peer walkabouts 6PM-7:30PM In Tune with Wellness | 5 TH 11AM GENERAL MEETING 1PM-3PM ID CLINIC | 6 TH Board Games | 7 TH 11:30AM Slouch: A Gentle Posture and Stress Reset Series to Support and Strengthen the Body. 6PM-8PM KAREOKE NIGHTS | 8 TH Housing to Health w/ Travis 6:00PM-7:30PM Crochet Group 6:45-7:30pm  | 9 TH 10am-12pm KRASMAN BREAKFAST Pancakes and Programming 1PM Peers Circle |
| 10 TH 11am-1:00pm Cooking with Krasman 1PM  Art Workshop | 11 TH 1PM-2:30PM CANADIAN CENTRE FOR HOUSING RIGHTS 2PM CPORTParamedic Outreach 3PM Peer walkabouts 6PM-7:30PM In Tune with Wellness | 12 TH Board Games 1PM-2PM CAYR HARM REDUCTION SESSION | 13 TH Board Games 12:30PM-1:30PM CAYR SEXUAL HEALTH INFO SESSION | 14 TH 11:30AM Slouch: A Gentle Posture and Stress Reset Series to Support and Strengthen the Body. 1PM YR OW/ODSP SUPPORT 12PM COMMUNITY LEGAL CLINIC INFO SESSION 6PM-8PM KAREOKE NIGHTS | 15 TH Housing to Health w/ Travis 6:00PM-7:30PM Crochet Group 6:45-7:30pm  | 16 TH 10am-12pm KRASMAN BREAKFAST Pancakes and Programming 1PM Peers Circle |
| 17 TH 11am-1:00pm Cooking with Krasman 1PM  Art Workshop | 18 TH 2PM CPORTParamedic Outreach VICTORIA DAY- HOLIDAY HOURS | 19 TH Board Games | 20 TH Board Games | 21 ST 11:30AM Slouch: A Gentle Posture and Stress Reset Series to Support and Strengthen the Body. 6PM-8PM KAREOKE NIGHTS | 22 ND Housing to Health w/ Travis 1PM-3PM ID CLINIC 6:00PM-7:30PM Crochet Group | 23 RD 10am-12pm KRASMAN BREAKFAST Pancakes and Programming 1PM Peers Circle |
| 24 TH 11am-1:00pm Cooking with Krasman 1PM  Art Workshop | 26 TH 2PM CPORTParamedic Outreach 3PM Peer walkabouts 6PM-7:30PM In Tune with Wellness | 27 TH Board Games | 28 TH Board Games | 29 TH 11:30AM Slouch: A Gentle Posture and Stress Reset Series to Support and Strengthen the Body. 1PM YR OW/ODSP SUPPORT 6PM-8PM KAREOKE NIGHTS | 30 TH Housing to Health w/ Travis 6:00PM-7:30PM Crochet Group 6:45-7:30pm  | 31 ST 10am-12pm KRASMAN BREAKFAST Pancakes and Programming 1PM Peers Circle |

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CPORT- Monday afternoon @ 2pm

Talk to the Community Paramedics Outreach Team. Please call our office number for more details.

Peer Walkabouts Group- Get Moving- MONDAYS @3PM

Join a supportive group walk to boost mental wellness and connect with others. Please reach out to Keri @ k.todd@krasmancentre.com for registration details.

In Tune with Wellness - Mondays@6PM-7:30PM

Drop in for a relaxed, peer-led space to unwind with acoustic guitar, easy listening, and good company. 🎸

Please email Andrew for more details Andrew.c@krasmancentre.com

General Meeting –First Tuesday of the month.

The general meeting is a way to have your voice heard. Join us to discuss a variety of topics pertaining to the drop-in.

Board Games- Tuesday& Wednesdays

Connect over classic games and laughter as we roll the dice in Yahtzee, move in Chess and Scrabble, strategize in Rummikub and share good vibes.

Karaoke nights -Thursdays @6PM

Connect over a range of classics, sing along to good tunes with the community.

Housing to Health – Fridays 10am-3pm

Housing to Health (H2H) is a collaborative program between Blue Door Shelters, LOFT-Crosslinks, and Krasman Centre. H2H is a Housing First Program that supports people that have experienced chronic homelessness into housing, with a special focus on individuals currently not connected to or not wanting to connect with formal services. For more information, please contact Travis Keeler. T.keeler@krasmancentre.com.

Crochet Group- Friday @ 6:00pm-7:30pm

A crochet group for all abilities. Learn, craft blankets, hats, scarves, bags and chat in a supportive, peer-led space.

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Bingo night – Friday @ 6:45-7:30PM -

Join our awesome Bingo night! Win fun prizes and connect with the community.

Krasman Breakfast (Pancakes & Programming)- Saturdays @10 am-12pm

Start your day with a warm meal and friendly conversation Come enjoy a yummy hot breakfast with the community. Interact about Programs and activities for you and by you, the community.

Peer Circle Group: Saturdays @1:00pm-2:00pm

A supportive circle for peer connection, listening, and shared support. Please email Moe for more details [@ m.abdi@krasmancentre.com](mailto:m.abdi@krasmancentre.com)

Cooking with Krasman- Sundays @ 11:30am-1:00pm

Make quick, easy meals together while connecting and learning from each other. Please email Lukas for more details. L.zapolnik@krasmancentre.com

Art Workshop- Sundays @1PM

Create, express, and heal through art and peer led workshops. Paint, Color, sketch your way how you see it.

OTHER EVENTS

- **York region ODSP Support every other Thursday at 1pm:** Meet one-on-one with a York Region worker for support with OW/ODSP applications, benefits, and questions
- **ID CLINIC Friday 5th & 22nd** - Get support with replacing or applying for ID so you can access housing, income, and essential services.
- **Canadian Centre for Housing Rights May 11th:** Learn about your housing rights, eviction prevention, and tenant protections while connecting with support to help maintain safe and stable housing.
- **Community Legal Clinic Info session May 14th:** Learn about housing rights, income and navigating legal challenges.
- **Slouch: A Gentle Posture and Stress Reset Series to Support and Strengthen the Body:** - Thursdays at 11:30am.
- **CAYR Community Connections Harm reduction & Sexual health Workshops May 12th & 13th** – Connect with the CAYR Team on HEP C testing, living with and those affected by HIV/AIDS/ and Harm reduction info sessions.

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