

## Richmond Hill Drop-in Calendar – April 2025 (In-person groups)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11AM General Meeting	2	3	4 Pancakes 10am-12pm  10am-5pm Housing to Health w/ Travis	5
6  1:30PM Video Games w/ Alex	7  CPORT – Paramedics outreach 6:45-730pm Bingo Night	8	9 1:30-2:30 Rental Housing basics	10  1:30PM Harm Reduction W/ Sharifah & Willow	11 Pancakes 10am-12pm  10am-5pm Housing to Health w/ Travis	12
13  1:30PM Video Games w/ Alex	14  CPORT – Paramedics outreach 6:45-730pm Bingo Night	15	16	17	18 GOOD FRIDAY- Open till 4pm  Pancakes 10am-12pm  10am-4pm Housing to Health w/ Travis	19
20  1:30PM Video Games w/ Alex	21  CPORT – Paramedics outreach  6:45-730pm Bingo Night	22  1pm-3pm Sexual health clinic	23	24 1:30PM Harm Reduction W/ Sharifah & Willow	25 Pancakes 10am-12pm  10am-5pm Housing to Health w/ Travis  Mobile RAAM Clinic 12pm-3pm  3pm General Meeting	26
27  1:30PM Video Games w/ Alex	28  CPORT – Paramedics outreach 6:45-730PM Bingo Night	29 11:00-1:00pm RHUC Lunch in	30 Peer Navigator Info Session 1pm-2pm			

## Richmond Hill Drop-in Calendar – March 2025 (In-person groups)

### **Bingo night – Monday at 6:45-7:30PM**

Join our awesome Bingo night! Win fun prizes and connect with the community.

### **General Meeting – First Tuesday of each month at 11AM**

The general meeting is a way to have your voice heard regarding the Richmond Hill drop-in. There are 'suggestion forms' available to add your thoughts to the General Meeting Agenda. Join us to discuss a variety of topics pertaining to the drop-in. This month's focus will be on the comfort agreement

### **Harm Reduction – Every other Thursday at 1:30PM**

Reducing harm, not people. Progress not perfection. A discussion group about experience and exploration of the self in correlation with harm reduction. For more information, please email Sharifah - [s.namwanje@krasmancentre.com](mailto:s.namwanje@krasmancentre.com)

### **Housing to Health – Fridays**

Housing to Health (H2H) is a collaborative program between Blue Door Shelters, LOFT-Crosslinks, and Krasman Centre. H2H is a Housing First Program that supports people that have experienced chronic homelessness into housing, with a special focus on individuals currently not connected to or not wanting to connect with formal services. For more information, please contact Travis Keeler at [t.keeler@krasmancentre.com](mailto:t.keeler@krasmancentre.com)

### **Pancakes- Friday at 10 am- 12pm**

Come enjoy a pancake breakfast with the community

### **Video Games – Sunday at 1:30PM**

Enjoy playing video games together with Alex and peers. On the Wii, we have Mario Kart and Super Smash Bros!

### **Krasman Breakfast- Second Friday of each month 10am-12pm**

Come join us for a big Krasman hot breakfast

### **Peer Navigator Info Session – Last Wednesday of each month at 1:00-2:00PM**

Want to learn what peer navigators do and how they can support your recovery journey? Join us the last Tuesday of each month to learn more. Talk to staff to sign up. For more information, please email Andrew - [a.cantrill@krasmancentre.com](mailto:a.cantrill@krasmancentre.com)

### **Rental Housing Basics-** Learn about your rights as a tenant

**Mobile RAAM Clinic – Friday 18<sup>th</sup> 12:00-3:00PM** - Rapid Access Addiction Medicine mobile clinic. Treatment & support for addiction for peers using any substance(s). RAAM unit include a Nurse Practitioner, Registered Practical Nurse, Case Manager/ Addiction Counsellor / Peer Support.