

Peer Support Pathways to Wellbeing presents

WRAP[®]

WELLNESS RECOVERY ACTION PLAN[®] SEMINAR 1

A Wellness Recovery Action Plan (WRAP) is a recovery and crisis prevention plan that you create for yourself. It is a helpful tool for health and wellness. This is a free 3 day workshop. A certificate provided at the end.



October 7th, 15th, and 21st 2024

Time: 10am to 5pm

Pre-Registration is Required

SCAN HERE



TO REGISTER

VPI Employment Services
405-1 West Pearce Street
Richmond Hill

CLICK HERE



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