Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4PM Music Discussion group w/ Anand	3 2PM Drama Day/Scene Study w/ Teo	4	5 3:30PM Recovery journeys w/ Alex 6PM-7PM Arts & Crafts	6 Housing to Health w/ Travis 6PM-8PM Card games & Board games w/ Sharon	7 CPORT – Paramedics outreach
8 11:00AM Cooking with Krasman w/ Lukas	9	10 11AM General Meeting 2PM Drama Day/Scene Study w/ Teo	11	12 3:30PM Recovery journeys w/ Alex 6PM-7PM Arts & Crafts	13 Housing to Health w/ Travis 6PM-8PM Card games & Board games w/ Sharon	14 CPORT – Paramedics outreach
15 11:00AM Cooking with Krasman w/ Lukas	16 4PM Music Discussion group w/ Anand	17 2PM Drama Day/Scene Study w/ Teo	18	19 3:30PM Recovery journeys w/ Alex 6PM-7PM Arts & Crafts	20 Housing to Health w/ Travis 6PM-8PM Card games & Board games w/ Sharon	21 CPORT – Paramedics outreach
22 11:00AM Cooking with Krasman w/ Lukas 2PM Homelessness support group	23	24 11AM General Meeting 2PM Drama Day/Scene Study w/ Teo	25	26 3:30PM Recovery journeys w/ Alex 6PM-7PM Arts & Crafts	27 Housing to Health w/ Travis 6PM-8PM Card games & Board games w/ Sharon	28 CPORT – Paramedics outreach
29 11:00AM Cooking with Krasman w/ Lukas	30 4PM Music Discussion group w/ Anand					

# Richmond Hill Drop-in Calendar - August 2024 (In-person groups)

## General Meeting – Every other Tuesday at 11AM

The general meeting is a way to have your voice heard regarding the Richmond Hill drop-in. There are 'suggestion forms' available to add your thoughts to the General Meeting Agenda. Join us to discuss a variety of topics pertaining to the drop-in.

## Homelessness Support group – Every Sunday at 2PM

Homelessness support group is a space where those unhoused can be together and discuss challenges around living rough. Email Anand for more details. <u>a.kansara@krasmancentre.com</u>

#### Music Discussion – Every Mondays at 4PM

The music discussion group gathers weekly to explore different genres and discuss music history and context to help group members appreciate music widely. They have interactive discussions about everything from classic records to today's hits and there is appreciation of music gained while sharing insights and discovering new favorites collectively. Email Anand for more details. <u>a.kansara@krasmancentre.com</u>

### Scene Study- Tuesdays at 2PM

Come play games, read scenes and casually work on conversation skills in a fun, light-hearted, non-judgement group. We start off with warm up games and proceed to read scenes from plays or movies selected by the group and group leader. Please email Teo for more details. t.dobre@krasmancentre.com

### Recovery journeys - Thursdays at 3:30PM

Recovery journeys is a group for mental health and/or addiction recovery. We hold general group discussions on a recovery topic each week. Please email Alex for more details. <u>a.pon@krasmancentre.com</u>

### Arts & Crafts – Thursdays 6PM-7PM

Join us in creating various arts and craft activities. Open group

### Housing to Health – Fridays

Housing to Health (H2H) is a collaborative program between Blue Door Shelters, LOFT-Crosslinks, and Krasman Centre. H2H is a Housing First Program that supports people that have experienced chronic homelessness into housing, regardless of the contributing factors, with a special focus on individuals currently not connected to or not wanting to connect with formal services For more information, please contact Travis Keeler at t.keeler@krasmancentre.com

### Card games & Board games – Fridays at 6PM-8PM

Join our awesome card and board games group where passionate gamers come together every week for exciting evenings of strategic play and friendly competition. Whether you're a seasoned pro or a newbie to these games, our group provides a warm and welcoming atmosphere to enjoy beloved classics and explore new favorites together.

Please email Sharon for more details. s.daley@krasmancentre.com