

SUN 10a—4p	MON 10a—9p	TUES 10 - 4:00 pm	WED 12:30 p- 4:00 p	THURS 10a - 9 p	FRI 10:00p– 9:00 p	SAT 10a-4p
					1 Housing to Health 10a-12p Pancakes 10:30a Movie Day 1:30P—YSSN 3:30 Drumming	2 CPORT 2p Aspects of Wellness
3 1p Jig-saw Puzzles	4 11a-12p Sharing Circle 12:30-1:30 Career Development group 3:30 Mindfulness Monday	5 10a—John Howard Society 10a -12p 1-on-1 Career Development	6 2-3:00 CAYR	7 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	8 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Recovery Group	9 CPORT 2p Aspects of Wellness
10 1p Jig-saw Puzzles	11 11a-12p Sharing Circle 3:30 Mindfulness Monday 4:30 Crafting	12 10a -12p 1-on-1 Career Development	13 2-3:00 CAYR	14 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	15 Housing to Health 10a-12p Pancakes 10:30a Movie Day 2:00p ASCO Detox Presentation	16 CPORT 2p Aspects of Wellness
17 1p Jig-saw Puzzles	18 11a-12p Sharing Circle 12:30-1:30 Career Development group 3:30 Mindfulness Monday	19 10a -12p 1-on-1 Career Development 1:30p—YSSN	20 1 - CMHA RentSmart 2-3:00 CAYR	21 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	22 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Drumming	23 CPORT 2p Aspects of Wellness
24/31 1p Jig-saw Puzzles	25 11a-12p Sharing Circle 3:30 Mindfulness Monday	26 10a -12p 1-on-1 Career Development	27 2-3:00 CAYR	28 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	29 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Recovery Group	30 CPORT 2p Aspects of Wellness