



February 2024

SUN 10a—4p	MON 10a—9p	TUES 10 - 4:00 pm	WED 12:30 p- 4:00 p	THURS 10a - 9 p	FRI 10:00p– 9:00 p	SAT 10a-4p
				1 1p General Meeting York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	2 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Crafting	3 CPORT 2p Aspects of Wellness
4 1p Jig-saw Puzzles	5 11a-12p Sharing Circle 12:30-1:30 Career Development group 3:30 Mindfulness Monday	6 10a—John Howard Society 10a -12p 1-on-1 Career Development	7 2-3:00 CAYR	8 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	9 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Crafting	10 CPORT 2p Aspects of Wellness
11 1p Jig-saw Puzzles	12 11a-12p Sharing Circle 3:30 Mindfulness Monday	13 10a -12p 1-on-1 Career Development	14 2-3:00 CAYR	15 1p General Meeting York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	16 Housing to Health 10a-12p Pancakes 10:30a Movie Day 2:00p ASCO Detox Presentation 3:30 Recovery Group	17 CPORT 2p Aspects of Wellness
18 1p Jig-saw Puzzles	19 11a-12p Sharing Circle 11:30-12:30 Career Development group 3:30 Mindfulness Monday	20 10a -12p 1-on-1 Career Development 1:30P—YSSN	21 1p - CMHA RentSmart 2-3:00 CAYR	22 York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night	23 Housing to Health 10a-12p Pancakes 10:30a Movie Day 3:30 Recovery Group	24 CPORT 2p Aspects of Wellness
25 1p Jig-saw Puzzles	26 1a-12p Sharing Circle 3:30 Mindfulness Monday	27 10a -12p 1-on-1 Career Development 1 PM- York Region Sexual Health Clinic Outreach	28 2-3:00 CAYR	2 1p General Meeting York Region Outreach 2:30-4 Card & Board Games 5pm Movie Night		