

Lived Experience Advocates for Mental Health & Addictions (LEAMHA)



“Nothing About Us, Without Us!”

2023 MEETING SCHEDULE

Friday	Time
April 14, 2023	1:00 pm – 3:00 pm
May 5, 2023	1:00 pm – 3:00 pm
June 2, 2023	1:00 pm – 3:00 pm
July 7, 2023	1:00 pm – 3:00 pm
August 4, 2023	1:00 pm – 3:00 pm
September 8, 2023	1:00 pm – 3:00 pm
October 6, 2023	1:00 pm – 3:00 pm
November 3, 2023	1:00 pm – 3:00 pm
December 1, 2023	1:00 pm – 3:00 pm
January 5, 2024	1:00 pm – 3:00 pm

LEAMHA is a networking and advocacy group. Participants are required to use their real names on-screen and to provide accurate contact information to the Executive Director of the Krasman Centre or their Designate.

LEAMHA’s *actions* are public. These discussions are not. Privacy and confidentiality concerning discussions and presentations is expected of all members. Our Minutes reflect this sensitivity to personal experience while addressing systemic issues.

Location: Meetings are virtual via ZOOM. A zoom meeting invitation will be sent to you prior to the meeting with details on how to join the meeting.

Register online for LEAMHA: <https://forms.office.com/r/PhPPwaXzuL> or **email** leamha@krasmancentre.com

For more information or if you require accommodation, please contact:

Dylan de la Rivière (he/him/his)
 LEAMHA Designated Coordinator
leamha@krasmancentre.com

Looking for personal support? Visit <https://krasmancentre.com> to find online and in-person peer support.