

Lived Experience Advocates for Mental Health & Addictions
(LEAMHA)



“Nothing About Us, Without Us!”

2024 MEETING SCHEDULE

Fridays	Time
January 5, 2024	1:00 pm – 3:00 pm
February 2	1:00 pm – 3:00 pm
March 1	1:00 pm – 3:00 pm
April 5	1:00 pm – 3:00 pm
May 3	1:00 pm – 3:00 pm
June 7	1:00 pm – 3:00 pm
July 5	1:00 pm – 3:00 pm
August 9 *	1:00 pm – 3:00 pm
September 6	1:00 pm – 3:00 pm
October 4	1:00 pm – 3:00 pm
November 1	1:00 pm – 3:00 pm
December 6	1:00 pm – 3:00 pm
January 10, 2025 *	1:00 pm – 3:00 pm
* moved to second Friday to accommodate statutory holiday	

LEAMHA is a networking and advocacy group. Participants are required to use their real names on-screen and to provide accurate contact information to the Executive Director of the Krasman Centre or their Designate.

LEAMHA’s actions are public. These discussions are not. Privacy and confidentiality concerning discussions and presentations is expected of all members. Our Minutes reflect this sensitivity to personal experience while addressing systemic issues.

Meetings are Virtual via ZOOM.

Location: Meetings are virtual via ZOOM. A zoom meeting invitation will be sent to you prior to the meeting with details on how to join the meeting. Please do not share this link.

Register online: [2024 LEAMHA Registration Form](#) or **email** leamha@krasmancentre.com

For more information or if you require accommodation, please contact:

Dylan de la Rivière (he/him/his) LEAMHA Designated Coordinator leamha@krasmancentre.com

Looking for personal support? Visit <https://krasmancentre.com> to find online and in-person peer support.