



WELCOME BASKET & TRANSITIONAL SUPPORT PROGRAM

The Welcome Basket and Transitional Support Program is a peer-led program that supports individuals transitioning from a hospital based mental health and/or addictions treatment back into a community setting. The purpose is to welcome individuals back to the community by providing Peer Support, a small welcome basket, referrals, resources, and social support. Hospital, Community Partners or Self-referrals.

HOW IT WORKS:

A Warm Welcome



A Peer Supporter from the Krasman Centre will meet you at the hospital or in the community to discuss your needs, provide support and find solutions to challenges together.

Peer Support



Peer Supporters will provide on-going support to help individuals achieve wellness, make a smooth transition back into society, and enhance their recovery.

Welcome Basket



A welcome basket with clothing, toiletries, groceries, and community resources is provided to participants in the peer support program.

Benefits of Peer Support



Peer Supporters draw from their own lived experiences with mental health and/or addiction challenges and recovery journeys, as well as shared experiences and mutual understanding.

WE BELIEVE PEOPLE CAN AND DO
RECOVER.

Get in touch with us

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