



Lunch Virtual Family Support Drop-In using Zoom

Join us for an afternoon of support in a friendly, nonjudgmental space where family members can share their experiences of supporting their loved ones from mental health and or addiction challenges. Know that you are not alone and support is there offered by those who have walked in your shoes. Learn new skills on how to support yourself and others.

Tuesday May 05, 2020

From 12-1:30 pm

Join us virtually on Zoom, please register using link to Eventbrite.

<https://www.eventbrite.ca/e/lunch-virtual-family-support-drop-in-12-130pm-tickets-103422336994>

For more information please contact:

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