## Krasman Centre Family Drop-in Support in Richmond Hill

Join us for an evening of support in a friendly, non-judgmental space where family members can share their experiences of supporting their loved ones from mental health and or addiction challenges. Know that you are not alone and support is there offered by those who have walked in your shoes. Learn new skills on how to support yourself and others.

3rd Tuesday of the month

From 7:00-9:00pm

10121 Yonge Street Krasman Centre

Richmond Hill Ontario L4C 1T7

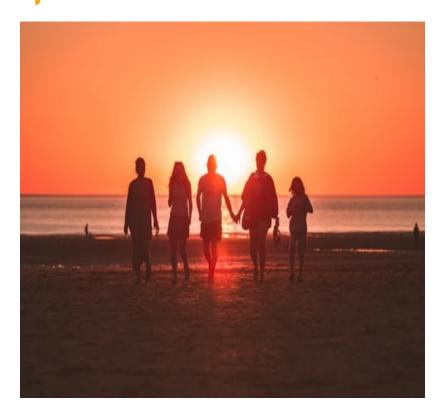
Dates: January 21 February 18, March 17, April 21 May 19, June 16 2020

For more information please contact:

Sophy or Zebina at 905-780-0491 ext. 117

familysupport@krasmancentre.com





"Everything Will Be Alright

Doesn't Mean

Everything Will Stay The

Same"