#### Vision Statement

Krasman Centre strives to inspire and support people affected by mental health and/or addiction challenges to live full lives of their choosing within supportive communities.

#### DROP-IN CENTRES

The Krasman Centre operates Peer Support



Drop-In Centres in Richmond Hill and Alliston. We also collaborate with LOFT Crosslinks to hold a twice-weekly drop-in in Newmarket.

These drop-in spaces offer various self-help groups, connect visitors to local resources and offer a non-judgmental place where peers can connect with and support one another. For more information, see our calendars or contact us!

# Mission Statement

To improve lives of people affected by mental health and/or addiction challenges through the provision of

peer support programs.

# FAMILY SUPPORT PROGRAM

The Family Support Drop-In is an opportunity for those supporting a loved one with mental health and/or substance use challenges to connect with other family members and receive

support. Please see calendars for dates. More information on Pg. 7



WRAPhub delivers Wellness Recovery Action WRAPhub ? Plan (WRAP) groups throughout York Region and South Simcoe. For more information on

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Richmond Hill Programs & Events

Newmarket Drop In Information

Pa. 2 - 3 Alliston Programs & Events

www.wraphub.com See pg. 8 The Warm Line & Peer Crisis Support Services

WRAP and upcoming groups, please visit

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