




January 2018

Krasmancentre

Drop In ~ Newmarket

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Drop In 11 ~ 5 <i>Peer Support</i>	3	4	5 Drop In 11 ~ 5 <i>Mindfulness 12pm</i> <i>Hot lunch 1pm</i> <i>Visit with Boomer the</i> <i>Therapy Dog 2:30pm</i>	6
7	8	9 Drop In 11 ~ 5 <i>Peer Support</i>	10	11	12 Drop In 11 ~ 5 <i>Exploring Our Stories</i> <i>1-4pm</i>	13
14	15	16 Drop In 11 ~ 5 <i>Peer Support</i>	17	18	19 Drop In 11 ~ 5 <i>Visit with Boomer the</i> <i>Therapy Dog 2:30pm</i>	20
21	22	23 Drop In 11 ~ 5 <i>Drumming with</i> <i>Nin Os Kom Tin</i> <i>1-3pm</i>	24	25	26 Drop In 11 ~ 5 <i>Peer Support</i>	27
28	29	30 Drop In 11~5 <i>Peer Support</i>	31	 <p>Funded through The Regional Municipality of York</p>		